

# Self Manage your Home Care Package

*Better value care.  
Your way. At home.*

## What is a Home Care Package?

The Home Care Package program was established by the Australian Government to assist older Australians to live independently in their own home.

The program is designed to provide flexible, tailored support according to a person's health care needs. Funding is allocated after formal assessment and can include services to help a person stay:

### WELL AND INDEPENDENT

With personal care, nursing, and allied health support

### COMFORTABLE AT HOME

With cleaning, gardening, home maintenance and nutritional support

### CONNECTED TO YOUR COMMUNITY

With transport and social support services

Eligibility is assessed by the Aged Care Assessment Team (ACAT). If approved, you are allocated funding according to your care needs, helping you continue living at home. There are four levels of funding available under the Home Care Package program:

Level 1	Level 2	Level 3	Level 4
basic care needs	low care needs	intermediate care needs	high care needs
\$10,371.10* a year	\$18,063.85* a year	\$39,310.50* a year	\$59,593.55* a year

\*The above home care subsidy amounts are correct as of 1 July 2023.

### HOME CARE PACKAGE FUNDING AND BUDGET

The Home Care Package (HCP) Program provides coordinated care and services to older Australians who have been assessed as having age-related care needs.



# Stay at home and in charge with Trilogy Care

Trilogy Care supports you to live well at home for longer, by helping you self-manage the Home Care Package you want and need.

We offer personalised support to design your tailored care plan and partner with you to maximise your Home Care Package budget. All Trilogy Care recipients have a dedicated care partner, access to our team of clinical nurses, and the backing of our finance and compliance teams to support you to manage your Home Care Package and help you live life your way, at home.

## WHAT IS SELF-MANAGEMENT?

Self-management is a great way to keep control over how your Home Care Package is spent. It doesn't mean you have to go it alone but rather offers the flexibility to get help with as much or as little of the process as you choose. That might include support to:

- Design your care plan and budget
- Gain more control over how your funds are spent
- Choose the care workers and support services you want, and when you want them
- Find services at rates that are acceptable to you
- Ensure your services are paid on time with our daily payment runs
- Increase your care hours with lower hourly rates

## WHY SELF-MANAGE?

One of the main reasons why people choose to self-manage is because it gives you absolute control over who provides your care and services. You can ensure you're surrounded by the best people and receive exactly the service you want, how and when you need it. Self-management also allows for rate negotiation directly with service providers so you can get the most out of your budget.

# The Trilogy Care difference

Take full control over your Home Care Package with the choice of two self-management tiers at Trilogy Care:

## SELF-MANAGED

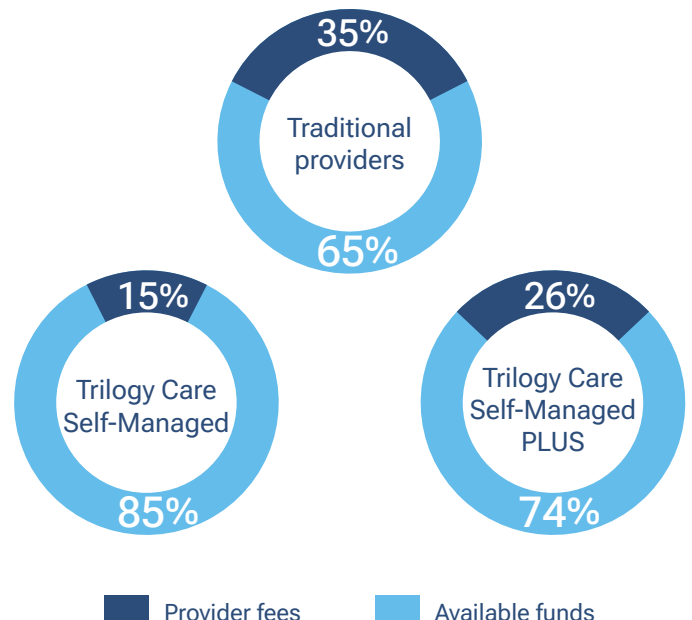
Our Self-Managed tier is ideal for people who want to control their Home Care Package themselves or with the support of a family member.

## SELF-MANAGED PLUS

Self-Managed PLUS is ideal for individuals who want the benefit of self-managing, with extra help from a care coordinator throughout the year. It is our Self-Managed tier with additional care coordination.

## TRANSPARENT PRICING

Self-Managed and Self-Managed PLUS are both charged under a transparent fixed fee structure – currently 15% for Self-Managed and 26% for Self-Managed PLUS – with no setup fees, no daily fees, or exit fees. This means more of your Home Care Budget is available for care and services, not provider fees.



**CONTACT US:** [trilogycare.com.au](https://trilogycare.com.au) | 1300 459 190

f @TrilogyCare in @TrilogyCare @Trilogy.Care @TrilogyCare

